Sailing 4 Everyone Foundation

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Welcome to the S4E Newsletter

Universal Design and sailing

In 2008 we published an article titled "**Sailing for Everyone**" which is available for download via this link.

Our Patron

His Excellency General the Honourable Sir Peter Cosgrove AK



MC (Retired), Governor-General of the Commonwealth of Australia

This article is about the rationale for **Sailing for Everyone** and the inter relationship between **Inclusion** and **Universal Design**, because essentially you cannot have one without the other. The story is mainly about keelboats, as they can provide for the fail-safe inclusion of those who need to be strapped into a seat, but keelboats are best sailed from a pontoon in keel depth water. This leads to a brief description of the attributes of multihulls, and how trimarans provide the best option for an accessible and safe off the beach (OTB) boat.

The 2012 Middle Harbour Worlds marked the beginning of the gestation period for the design and development

for a range of trimarans, from a small solo sailor (max a parent and up to 2 little kids), to a 2P (max 2 adults and kids), a family day boat, an overnight trailerable, up to an ocean crossing cruiser. No-one has applied the principles of UD to a trimaran before, so we have and can see a very clear pathway to produce these really quite extraordinary sailboats.

So far we have built 2 prototypes of the 4.5m long 2P, and will build its moulds in the first half of 2017, so should have this boat available early 2018. As a racing boat the crew configuration could be similar to the SKUD, with an SDS on helm in a center-line seat aft, steering with levers and push pull rods, with the crew



handling the sheets and transferring within the very secure cockpit. Here are two links to video of sailing on the Shoalhaven River. <u>Video Link 1</u>. <u>Video Link 2</u>.

The trailerable tri is next and on the drawing board now as we need a boat to take visitors whale watching on our Jervis Bay. Trimarans are ideal as you can fold them to come alongside a pontoon to load, while all the accommodation is in the centre hull, and the bow can be dedicated to a roomy washroom and toilet.

Our goal is to arrive at the first sensible boat that a family, who say have one member with a disability, can charter at appropriate tourism destinations. That's where we want to be in about 10 years. We will keep you updated a we approach the various milestones.

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Inclusion Index

GOLD—INCLUSIVE. Intentionally designed to be inclusive. Open to anyone/everyone using Universal Design equipment and governed by Universal rules which the vast majority can understand and comply with. The equipment levels the playing field which empowers people and encourages individuality. Ideal if there is provision for those who cannot participate independently to be chaperoned. Gold Inclusive sparkles most where everyone becomes a sailor with lessening emphasis on difference/disability.

LILAC—INTEGRATED. Open to everyone, but accommodates people with a disability with modified/adapted equipment. Examples are modified craft with sail area reduced for the safety of people with a disability, modified rules for people with a disability or additional seating to accommodate a disabled crew member on a yacht.



BLUE—EXCLUSIVE. Open to everyone, if you are good enough to gain entry. Includes elite mainstream competition like the Olympics. Conventional equipment may only be usable by able bodied people, so its therefore inadvertently discriminatory.



JADE—OPEN POSITIVE SEGREGATION. Supports individuality, supports competition, only people with a disability, but all disability can participate. Discriminates against not-yet disabled people.



GREEN—EXCLUSIVE POSITIVE SEGREGATION. Supports individuality. Includes elite disabled competition like the Paralympics and world championships dominated by supported national teams. Competitors require classification. In Paralympic sailing's case not all physical disability, or intellectual disability is accepted. Discriminates against able bodied people.



RED—BENEVOLENT POSITIVE SEGREGATION. Open only to people with a disability, maybe even those with a specific disability, Individuality is not encouraged, most participants are chaperoned. Examples are Special Olympics activities, the many benevolent Sailability programs which offer therapeutic sailing to clients, as against sailors. Also missionary approach.



Sailing Adventure leads to Golden award

The 'Ad is a the pair rán

A young man in Ireland has achieved a great personal goal, utilising sailing as one of the steps.

Thomas Bruton joined Belfast Lough Sailability to complete his 'Adventure Journey' as part of the Golden Gaisce Award. Gaisce is an Irish word which means 'great achievement', and it is part of the Duke Of Edinburgh's International Awards. Successful participants receive their award from the President of Ireland / Uachtarán na hÉireann/ Michael D. Higgins.

For each level (Gold Silver & Bronze), you must participate in four challenge areas: Community Involvement, Personal Skill, Physical Recreation and Adventure Journey.

Participation is described as "...a great way of making new friends, growing your confidence and developing new skills and hobbies. It is a superb way to meet new people, experience new things and help discover your passion in life! "



You can read more about Thomas' achievement on the Belfast Lough Facebook page.

World Sailing News

Following the 2016 World Sailing annual conference in November, this statement was released:

The meeting of the World Sailing Council has concluded in Barcelona, Spain as part of the 2016 Annual Conference.

Para World Sailing Committee Chairman Betsy Alison presented the Committee's decision on the equipment that the 2.4 Norlin OD, Hansa 303 and Weta Trimaran will be adopted for para sailing events as the sport aims for reinstatement into the Paralympic Games in 2024.

Following two evaluation events and a process of gathering input from MNAs, sailors and other interested parties, the Committee's Equipment Evaluation Working Group had recommended that the Weta and Hansa 303 be introduced in place of the SKUD 18 and Sonar, and that the Norlin 2.4 OD be retained.

Equipment has been selected to help achieve a number of objectives identified by the International Paralympic Committee and prioritised by the Equipment Evaluation Working Group. The Weta and Hansa 303 were seen as being widely available at a significantly reduced cost and providing easier logistics.

For a summary of the World Sailing Council Meeting - click here

For information about the Para World Sailing Strategy for 2017-2020 – click here

Stolen trailer discovered



In an amazing case of being in the right place at the right time, a trailer stolen from Hansa Sailing just over 2 years ago has been recovered—after the car towing it pulled up next to Chris Mitchell at a service station!

In early December 2014, thieves cut through a fence and stole a bespoke trailer from outside the Hansa Sailing factory in Nowra, tossing the boats it contained onto the ground.

Just over two years later, on a regular trip from Nowra to Melbourne, Chris pulled into a service

station to get some food, when a 4wd pulled in next to him with a trailer that looked remarkably familiar.

After establishing that it was his missing trailer, Chris called police and they intercepted the driver and impounded the trailer pending further investigations.

Honours continue for Rio sailors

Since returning from Rio, the awards have continued for the sailing teams.

World Sailing

At the British Sailing Team's annual awards, SKUD18
Paralympic bronze and World
Championship silver medallists
Alexandra Rickham and Niki
Birrell were the Paralympic
Classes Sailors of the Year.



Australia's Dan Fitzgibbon & Liesl Tesch, along with the 2.4 and Sonar sailors, were jointly named the Australian Sailor of the Year with a Disability, and also the Australian Paralympic Team of the Year.



Tesch was also awarded the inaugural Uncle Kevin Coombs Medal for the Spirit of the Games. She was also inducted into the Basketball Australia Hall of Fame for her 5 appearances at Paralympic Games in Basketball before she turned to sailing.

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Australian and Asia Pacific Champion-ships

Entry is now open for the Combined Asia Pacific Hansa Class Championships.

This event also serves as the 2017 Victorian State and Australian National Hansa Championships.

The regatta takes place at Royal Geelong Yacht Club from April 14th— 17th.

The event page is available here.

Other Australian States have also now confirmed their Championships as follows:

Western Australia February 4th & 5th

New South Wales— February 11 & 12th

Tasmania— February 25 & 26th

Queensland— April 1st & 2nd

Find out more about all upcoming events on the AHCA website via this link.



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Celebrations from around the world

From International Day of Persons with a Disability to celebrating the Festive Season, we take a look at some recent pics from Facebook pages around the world.









Festive fun in Hong Kong

Friendship Cup in Canberra

In November, 44 sailors from Japan came to Australia to take part in the inaugural Friendship Cup against Australian sailors. The event was held at



Lake Tuggeranong and hosted by Sailability ACT with an aim to strengthen relationships between the two countries.

For several years, Australian sailors have travelled to Japan to participate in the Peace Cup in Hiroshima, so it was now Australia's turn to host an event.

Close ties have been formed over the years between Friendship Cup director Terry Peek and Nobi Nishii, President of Sailability Japan. For many of the Japanese sailors, this was their first trip outside Japan.

The sailors went on to Nowra and a tour of the Hansa Sailing factory (see page 7).



You can read more about the regatta here.

Para Worlds in Kiel

Kiel, Germany has been selected by World Sailing to host the 2017 Para World Sailing Championships from 20-25 June during the world-renowned Kiel Week 2017.

Kiel's announcement as the host venue falls less than one month after World Sailing released the Para World Sailing Strategic Plan for 2017-2020. The Plan outlines four main priorities as well as tactics to achieve the goals, ensuring World Sailing presents a strong bid to the International Paralympic



Committee for re-introduction into the 2024 Paralympic Games and future editions.

The Hansa boats proposed by the Para World Sailing Committee for inclusion in the 2017 Championships are: One Person Keelboat

(Hansa 303) - Female, One Person Keelboat (Hansa 303) - Male and Two Person Keelboat (SKUD 18) - Open (International Championship). Other formats may also be tested for the Hansa 303.

Kim Andersen, President of World Sailing said, "The 2017 Para World Sailing Championships is a pivotal event for World Sailing to demonstrate to the International Paralympic Committee the strides we have taken to develop and enhance Para World Sailing.

Dirk Ramhorst, Event Chairman of Kieler Woche said, "We are proud and happy to host the Para World Sailing Championships 2017 in Kiel within the Kieler Woche. We will make sure that this event will contribute to the return of sailing in the Paralympic Games in 2024."

Scottish sailor awarded

Rory McKinna, from Clyde Cruising Club, has become the proud recipient of a Platinum RYA Sailability Achievement Award. The award was totally unexpected and according to Senior Instructor, David Hill, it is the first one to be awarded in Scotland.

Rory has also received confirmation that he is on the shortlist for the RYA Scotland Young Person of the year.

So all in all not too bad a year in

2016. Well done Rory.

(reproduced from Clyde Cruising Club Dinghy Section's Facebook page).

Hansa Sailing re-launches online shop

Hansa Sailing have revamped their online e-shop and website with a fresh new look.



The new site features improved search facilities, clearer information, product suggestions and an improved checkout service.

The site showcases the range of Hansa boats, accessories and available items

The website address remains unchanged—

UK Racing dates set

The UK Hansa Class Association have confirmed the dates for their 2017 racing season.

The program includes details of the Traveller Trophy and UK Hansa Class Nationals (July 13-15) and possible training dates prior to major events.

More details







Dear Readers.

Western Australia takes up the entire western 1/3 of the Australian continent. Often, incorrectly, named the most isolated city in the world, (it's actually second), it's capital, Perth is 3,700 kms by road from Australia's capital, Canberra, which is further than driving from Barcelona to Moscow. WA, is blessed with warm summers, mild winters and plenty of water, making it a water sport haven.



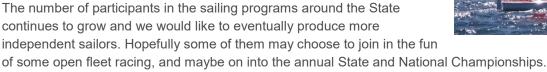
Currently there are two Sailability programs in Perth—Royal Perth Yacht Club and South of Perth Yacht Club running from October to April. Princess Royal Sailing Club in Albany runs their program from February to July - and a fourth program starts shortly in Mandurah. In the Bunbury region, Rotary Clubs have been running a "Sail into Life' program using Hansa boats for over 10 years. Several of the programs also use larger yachts for more supportive programs.



Perth boasts one of the largest Liberty fleets in Australia, with their sailors competing in State, National and

International Championships. They have a proud history in competitions, with their local sailors competing in Paralympics in 2000, 2004 & 2008 & 2016. They hosted the 2011 Asia Pacific Hansa Class Championships and will host the 2018 Australian Hansa Class Championships.

Hansa sailors can regularly participate in open fleet racing with Royal Perth's Dinghy club and South of Perth fleets.





The Western Australian Hansa Class Championships will be held on February 4th & 5th. Read more here.

Regards,



Tracy Odiam—President, Sailability Western Australia

Japanese sailors visit Nowra

Hansa Sailing welcomed 40 sailors and supporters from Japan at their Nowra factory recently. The sailors had been in Canberra the previous weekend competing in the Friendship Cup regatta between Australian and Japanese sailors (see page 4).

The group travelled from Canberra to Batemans Bay and then on to Nowra to see the Hansa Sailing factory and to learn more about the Hansa boats from company Managing Director, Chris Mitchell. Spending more than two hours in the factory, the sailors were shown various components that go into the making of the boats, and enjoyed afternoon tea before returning to Sydney and their flights home.



One of the group is a talented artist who has autism. Keisho is an avid Hansa sailor and paints colourful pictures of his sailing experiences. Years ago Keisho did a picture that was used to promote the first Peace Cup. Jackie Kay asked if she could have a good quality photo of it as she really loved it. Next



thing she receive the framed original.

Now they don't give away the originals and have postcard copies made that they hand out.

The original picture is currently hanging in pride of place in Chris & Jackie's home.



Masters Games

Hansa boats are being included in the sailing events of Masters Games events in Australia.

In November, the biennial Pan Pacific Masters Games took place on the Gold Coast and, for the second time, included Hansa boats as an invited open class.



In October 2017, the Hansa 303 will form the sailing division of the Australian Masters Games at Wynyard Yacht Club Tasmania.

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New Racing Rules of Sailing from Jan 1st

The Racing Rules of Sailing have been revised and the new rules (2017-2020) come into effect from January 1st.

The Racing Rules of Sailing (RRS) govern the sport on the water. They are revised and published every four years by World Sailing.

You can read and download the new rules via this link.

Keel lifters

If you have problems with depth when sailing your boats, Hansa sailing have a range of keel lifters.

For the Hansa 2.3, Hansa 303 there are volunteer and on-board keel lifters available, and an on-board lifter for the Liberty.



The keel lifter sits in a 'donut' which can be easily retro fitted to the floor of all 2.3, 303 and Liberty boats. (The keel lifter donut is now a standard feature on new boats).



The 2.3 lifter uses a 4-part purchase and the 303 lifter is a 6-part purchase.



For further information on keel lifters, contact <u>Hansa Sailing</u>.

News from New Zealand

The 2017 New Zealand Hansa Class Championships will be held at Lake Taupo on March 11th & 12th. More details will be published to the group's Facebook page.



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Hansa 303 sailors were invited to take part in a two-day regatta at Lake Ngaroto.

There was plenty of wind for the Sailability regatta, which was run in conjunction with the Hartley 16 North Island Champs. Tauranga sailor Paulien Chamberlain won the regatta from Sailability Taranaki's

Mel Mason, who was competing in her first regatta, while third place went to Davy Parker form Tauranga, and Sailability Waikato's Andrew Short finished in fourth.

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Current New Zealand and World Liberty Hansa Class Champion, Sarah Dunkley has been honoured by Yachting New Zealand for her efforts.

Sarah was recently presented with the Yachting New Zealand Performance Award.

After winning the New Zealand Championships, she had no plans to compete in Medemblik until she spotted a cheap airfare.

She won the World title from 30 other competitors, and 9 points ahead of second place.



Thanks to the generosity of sponsors, the New Zealand Hansa Class Association is making boats available for small clubs to set up and run starter programs for New Zealand sailors. These two boats were recently shipped to the newly formed Sailability Tauranga and were used in the regatta at Lake Ngaroto mentioned above.

Trip to Hiroshima







During their visit, they had meetings with the Vice Governor of Hiroshima (pictured left) and the Mayor of Hiroshima, both of whom were well aware - and very supportive of - the event.



The Organising Authority have been very active already in looking into the logistics of transporting boats and catering to the needs of competitors. They are hoping to attract 160 competitors and will be looking to recruit up to 250 volunteers for the event. (An event page on Facebook has already attracted interest from 90 people around the world). They are working on plans to upgrade facilities at the host venue—Kannon Marina—and are compiling a list of accommodation options.



Sailing will take place just outside the marina, with a perfect vantage point for spectators to watch the action from the large breakwater. The event has a Facebook group—you can find the details here.

Organisers have announced that the 10th Peace Cup in October 2017 will also be an

International Hansa regatta and serve as a 'test event' for the Worlds for sailors, volunteers and organisers. More details are available here.

The city of Hiroshima is fascinating—from the moving Hiroshima Peace Memorial Park and A-bomb dome to the beautiful World Heritage listed Miyajima island and it's 16th century Shinto shrine. The city even has it's own dedicated Kit Kat flavour! The hosts are very proud of their city and hope competitors and their friends and family will stay on after the regatta to experience all that their city has to offer.

Russell and Shauna are very grateful to their very kind, generous and funny hosts, particularly Organising Committee Chairman Tsunehiro Yamane, Yuso Okita, Secretary of the Hiroshima Sailing Federation and our hardworking translator, Satomi Lehde.



Here are a couple of stories that have featured on our website and Facebook page since the last edition of Telltales.

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Sailing for Samuel

Sailability Hawkes Bay in New Zealand are planning a 24-hour endurance event in honour of one of their sailors.

Samuel Gibson, passed away in May whilst undertaking a half-marathon and his fellow sailors wish to honour his spirit and zest for life with a 24 hour sailing event in February.

Anchors Away

The Anchors Away Foundation featured in our October Telltales had their 2.3's on display on Facebook in November

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Catch up on these stories and more on the s4e <u>website</u> and Facebook page.

The entire back catalogue of Telltales—dating back to 1999 - are available to search and download from our website.

Upcoming Events

January 2017

February 2017

<u>West Australian Hansa Class Championships</u> Perth, Australia. Feb 4–5 www.ahca.yachting.org.au



NSW Hansa Class Championships Coomba Park NSW, Australia. Feb 11-12 www.ahca.yachting.org.au

<u>Tasmanian Hansa Class Championships</u> Derwent Sailing Squadron, Hobart. Feb 25-26 <u>www.ahca.yachting.org.au</u>

March 2017

NZ Hansa Class Championships Lake Taupo March 11-12. www.yachting.org.nz

April 2017

<u>Queensland Hansa Class Championships</u>) Gold Coast, QLD. April 1—2. <u>www.ahca.yachting.org.au</u>

<u>Combined Asia Pacific Hansa Class Championships (also Australian National Championships)</u>
Geelong, Victoria. April 14—17. <u>www.ahca.yachting.org.au</u>

Sailing World Cup—Hyeres Hyeres. April 23—30. www.swwc.ffvoile.com

May 2017

Delta Lloyd Regatta Medemblik. May 23—27. www.deltalloydregatta.org

June 2017

French Hansa Class Championships Bauduen, France. June 2-5. www.lavoile-ensemble.org

<u>Dutch Hansa Class Championships</u> Zeewolde. June 9–11. <u>www.hansaklasse.nl</u>

Para World Sailing Championship—Keiler Woche Kiel, Germany. June 20-25. ww.kieler-woche.de

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