

Welcome to the S4E Newsletter

Let us assume that everyone is an individual who has an equal right to participate, subject to their choice and ability. To deny the individual that right denies them self-expression and their independence.

It follows that the self is least expressed in segregated activities where participants are chaperoned by benefactors, where there is little opportunity to make decisions, and most expressed in inclusive events using equipment and rules which level the playing field, and allows everyone the opportunity to be in control, to win and lose in their own right, according to their ability.

If you allow someone their independence to pursue an activity which they enjoy, they will want to practice it in their own way, and as they improve their skills, through their hard work and success, they will grow in confidence which will be carried through to other aspects of their life. Just where this might lead we are not to know, but if we can we should give them this chance.

There is also something therapeutic in the motion of a sailing boat through water, and by giving someone the tiller they are free to blend for themselves the sounds of wind and waves and control that motion. When left alone they are truly free, doing things on their own, often something denied them for years, and for some alone and in charge for the first time in their life.

“To go wrong in one's own way is better than to go right in someone else's.” — [Fyodor Dostoyevsky, Crime and Punishment](#)

Recreational sailing is one aspect, but competition too is important as learning to deal with competitive pressure, learning strategies to overcome uncontrollable situations, reacting to equipment and other players all require motor skill, determination, and brainpower. Synchronising the mind and body to function together facilitates optimal growth and development.

There is also something magical about our little boats, particularly the 2.3 which comes from a harmony and elegance in its Universal Design credentials and the original vision as a perfect little boat to introduce novices, of any ability to sailing.

So we would like to see the 2.3 regain its important place in the fleet as it allows, and encourages people of all abilities to sail on their own, to participate in our open events at club, state, regional and world championship levels.

Over the next few months and years we will introduce a few initiatives which should help move this along. Inclusion and participation in open competition are possibly the 2 most important gifts our programs can offer to the community.

“The individual has always had to struggle to keep from being overwhelmed by the tribe. If you try it you will be lonely often, and sometimes frightened. But no price is too high to pay for the privilege of owning yourself.”
Friedrich Nietzsche.

Our Patron

**His Excellency General the
Honourable
Sir Peter Cosgrove AK MC
(Retired), Governor-General
of the Commonwealth of
Australia**



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303 Sailors in action at Gosford Sailing Club

New sailors make waves

At the recently completed NSW Hansa Class Championships, two young sailors took to the course for their first competition.

Gavin Harrison and Nathaniel Quan competed at the Gosford event in the Hansa 303 doubles, accompanied by their coaches, John and Margy Sanderson.

The pair are members of the newly formed Shoalhaven Inclusive Boating Association and have been receiving sailing coaching from the Sandersons at Dobroyd Sailing Club in Sydney for the last 6 months and competing at the NSW State titles was the first step on their sailing pathway.

Racing at Gosford

Hot and humid weather greeted the fleets on the first day but a lack of wind held the sailors ashore for several hours.

When the wind finally filled in, four races were held, with Gavin and John taking the honours in every race, to achieve a perfect scorecard on day one. Nathaniel and Margy shared second place honours with another NSW pair—Colin and Brad Alderton.

On the second day, the weather again refused to cooperate and, after another delay on shore, the sailors took to the course for the final two races. To complement their coaching, John and Margy swapped boats and Nathaniel and John proceeded to win the remaining two races from Gavin and Margy. Gavin and John were named 303 Doubles champions, ahead of Nathaniel and Margy.



An auspicious start for these two new sailors.



2016 Hansa Worlds

The International Hansa Class Association has announced that the 2016 Hansa Class Combined World & International Championships will be held at Medemblik, in the Netherlands.



The regatta centre at Medemblik is used each year to host large World and European Championships and the annual Delta-Lloyd Regatta. The facilities are outstanding and offers a tremendous venue for our next Worlds", said IHCA President Brendan Tourelle.

The event will include the following competitions:

Hansa 2.3 World Championship (single person), Hansa 303 World Championship (two person), Hansa 303 International Championship (single person), Liberty World Championship (single person), SKUD 18 International Championship (two person).

More details will be available on the regatta website shortly.

www.2016hansaworlds.com



Then and now . . .

In the March 2004 edition of Telltales, we were proud to announce that there were 1,100 Access boats sailing in 14 countries worldwide; Australia, Canada, Finland, France, Great Britain, Greece, Hungary, Ireland, Japan, Netherlands, New Zealand, Portugal, Singapore and USA.

As at this March 2015 edition of Telltales, there are now over 2600 boats in 31 countries, which now also include Brazil, China, Germany, Hong Kong, Iceland, Israel, Italy, Korea, Malaysia, Malta, Poland, Spain, Sweden, Switzerland, Tahiti (French Polynesia), Timor Leste and United Arab Emirates.

#reinstate sailing

The International Paralympic Committee's announcement on 31st January that sailing - along with 7-a-side football - would be dropped from the 2020 Tokyo Paralympics shocked the sailing world.

Supporters are urged to **sign the petition** to have sailing reinstated in 2020 and send letters and emails of support to ISAF at disabled@isaf.com



Liberties in Wellington at the New Zealand Hansa Class Championships

Inclusive sailing around the world

Hansa Class boats are spreading the inclusive sailing message around the world.

Eight Hansa 2.3 Breeze boats were purchased with the assistance of the Australian Government's Direct Aid program and are now being used to teach a group of sailors in **Brazil** how to sail. The sailors have progressed so well that they have already held their first regatta, and the Australian Government has just purchased 6 Hansa 303 Breeze boats to complement this fleet.

A pair of 303's have arrived in **Tahiti**, again with the Assistance of the Australian Government

At a recent regatta in **New Zealand**, physically disabled, able bodied and intellectually disabled sailors competed with and against each other.



At Wynyard Yacht Club in **Tasmania**, the club is helping the local community—and winning awards—for their endeavours. They have included Hansa 303's in mixed fleet racing and for their Start Sailing programs.

Sailors in the **Netherlands** are holding their first Hansa regatta in July, inviting the world to join them, in their preparation for the World Championships in 2016.

More information about these stories can be found on our website—www.s4e.org



Yachting Victoria's Inclusive Club Standard

In late 2014, Yachting Victoria launched a new Standard for Clubs to "... create environments that encourage and support inclusion in sailing" and asked Victorian Sailing and Yacht Clubs to ask themselves these questions:

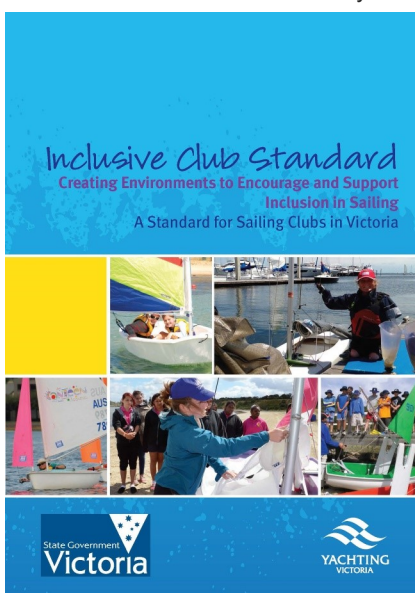
- Are we truly inclusive?
- Do others think we are truly inclusive?
- What does being truly inclusive mean?
- Is inclusion a standing item on our Committee agenda?
- How do we monitor our inclusiveness?
- What evidence do we have that shows we are truly inclusive?

So, what makes a Club inclusive?

The VY Standard determines an inclusive club as : " ... one where people, regardless of gender, age, ethnicity, ability (or disability), sexuality or income have the opportunities to engage in all club activities, and feel fully accepted."

It continues that, "...Recent research has shown that Australians perceive sailing to be an exclusive activity, which is not accessible nor focused on community involvement", and that "... the typical member is male, white, able-bodied, aged between 35 and 64 (and often older), with a moderate or high income. Exceptions to this profile can be found in most, if not all, clubs, but the sizable underrepresentation of people from other populations and communities (e.g., girls and women, people from culturally and linguistically diverse backgrounds, people with disabilities, people on low incomes) suggests that clubs best serve only a limited section of their communities..."

The response from Victorian Clubs was such that the Standard was presented in Sydney in December to a meeting of the National Sailability Committee of Yachting Australia.



Want to know more?

The YV Standard includes checklists and evaluations for Clubs to check their current inclusiveness and plan for the future.

For more information via email Sarah at sailability@yachtingvictoria.com.au or David at david_staley@bigpond.com To download the .pdf document visit the Yachting Victoria Website —www.vic.yachting.org.au — or click the link [here](#)

Sauna Sail



A unique and much loved regatta is returning to Hazelwood Pondage in Victoria 2015.

The Latrobe Valley Yacht Club's Sauna Sail had to be cancelled in 2014 due to blue-green algae and low water levels.



The Sauna Sail is so named as it takes place on the cooling pond for the Hazelwood Power Station outside of Morwell, south-east of Melbourne. The water in the cooling pond rarely drops below 23 degrees and, when combined with chilly winter mornings, the results are spectacular, with the mist clearing as the day warms.

The event will take place on the Queens Birthday long weekend of June 6, 7 & 8th.

More details to follow on the Latrobe Valley Yacht Club's website—

www.lvyc.com.au



Hazelwood Pondage—Sauna Sail



The 2.3 turns 23!

2015 sees the 23rd anniversary of the design of the much loved Hansa 2.3.



Designed in 1992, the 2.3 was the first in the Hansa fleet of boats, and was the introduction to sailing for many of our sailors.

Now numbering over a thousand, the 2.3 is sailed in over 20 countries and is an ISAF (International Sailing Federation) Class



In 2000, a then-World Record was set at the International Access Class Championships at Lake Tuggeranong in Canberra, for the Greatest number of boats of single class in a disabled regatta when seventy eight 2.3's took to the water.



From This



To This

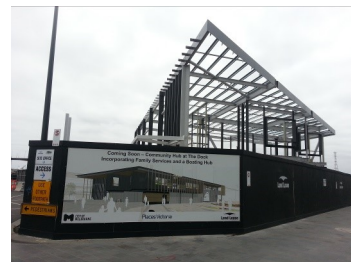
At the Inaugural Access World Championships in Whitby, Canada in 2007, Queenslander Duncan MacGregor was crowned as the International Access 2.3 Single-Person World Champion, winning all but the first race of the series.

Australian SKUD18 skipper Ame Barnbrook started her sailing career as a child in a 2.3, before moving into a Liberty and ultimately into the SKUD18.

Discussions are underway to hold an event to celebrate the anniversary milestone of this great little boat .

New Club takes shape @ Docklands

Construction on the long awaited new Docklands Yacht Club building is underway.



As part of the Community Boating Hub, the NYC will share the space with the Victorian Dragon Boat Association and the Melbourne Outrigger Canoe Club. Family and Community Services will occupy space on the second floor.

The new building will feature full length glass windows and full height ceilings allowing boats to remain fully rigged and on display to the public.

The first major event to be scheduled at the new building will be in January 2016, when the Club will host the inaugural IFDS-INAS International Sailing Regatta for athletes with an intellectual disability. The event is scheduled over 5 days from 22nd—26th January.

More details to follow.

www.docklands.yachting.org.au



Artist Impression—Community Boating Hub

Upcoming International Hansa Class Association Events



April 2015

Australian Hansa Class Championships. Derwent Sailing Squadron, Hobart, Tasmania, April 3-6. www.ahca.yachting.org.au

June 2015

French Hansa Class Championships. Yacht Club de Meze, Etang de Thau, France June 5-7. www.ycmeze.com/Hansa_2015.html

Inaugural Dutch Hansa Class Championships. Zeewolde, June 12-14 www.hansaklasse.nl

Portuguese Hansa Class Championships. Portimao, Algarve. June 12-14. www.facebook.com/apcaccess

July 2015

European Hansa Class Championships.

Rutland Sailing Club, England. July 6-11. www.hansaclass.org.uk



August 2015

UK Hansa Class Championships. Weymouth, Portland, England. August 14-16. www.hansaclass.org.uk

September 2015

Italian Hansa Class Championships. Circolo Vela Gargnano, Lake Garda. Sept 17-20. www.hansaclass.org

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If you have a story that you would like to share—please send details to Shauna at media@s4e.org